

PERSONAL STATEMENT CONTENT REFLECTION



Use these documents to reflect on your experiences to help you write a personal statement/ statement of purpose for a graduate or professional school program. This information can help you create a general statement, but always make sure to respond directly to the prompt given from the program. Page 1 contains structured questions for reflection and page 2 is an activity to generate content ideas.

MOTIVATION & INTEREST

1. What made you initially interested in this field/program of study?
2. How have you confirmed (experiences, research, courses, volunteering, shadowing, etc.) that this is the right field for you?

FIT & CAPACITY

3. How are you a good fit for this field/program? What is one example of that?
4. Why will you be successful in this field/program?

VISION & GOALS

5. How do you want to impact this field?
6. What are your goals and how will this degree help you obtain them?

WANDERING MAP

Use this map to mark and detail some of the highlights of your journey so far. Consider what started your interest, how you've confirmed this field is a good fit for you, your goals for graduate/professional school, and your vision for the future.

